

Balancing Family and Career 12 Day Program

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DETAILS

- COST:** \$1300 (+GST) per participant
- ELIGIBILITY:** Job Seeker must be a principal carer parent with child/ren under 16 years and must be in receipt of Centrelink Benefit (eg Parenting Payment, Newstart)
- WHERE:** The course is delivered on Employment Services and Community Services sites ONLY IN BRISBANE & SYDNEY METRO AREA
- REFERRAL:** Organisations interested in accessing this program should contact Work Savvy Parents to discuss. We sometimes work with a consortium of local services to deliver the program.
MINIMUM 10 PARTICIPANTS REQUIRED



AN INTENSIVE RETURN TO WORK PROGRAM FOR PRINCIPAL CARER PARENTS

This innovative program aims to provide participants with the opportunity to work through the process of returning to work after an extended break from the paid workforce. The program will resource participants with information and strategies to address any fears or concerns about returning to work and addresses issues of self confidence faced by many parents returning to work.

12 DAY RETURN TO WORK PROGRAM

This intensive group program addresses the complex issues faced by principal carer parents who are returning to work after extended break from the workforce.

INDIVIDUAL MENTORING/COACHING

Each participant receives individual coaching during the program, which includes goal setting, action plans and working alongside participants to deal with vocational and non-vocational barriers.

REVERSE MARKETING

Our dedicated telephone Reverse Marketer will work on maximizing employment outcomes for each participant.

INTERVIEW CLOTHING AND HAIRSTYLE MAKE-OVER

Each participant will receive at least **\$100 worth of new interview clothes PLUS hair styling and make-up products** as well as style coaching to maximize personal presentation.

WHO IS THE PROGRAM AIMED AT?

The program is aimed at Job Seekers from Jobless families - specifically Principal Carer Parents. The workshop is particularly aimed at parents who have had a significant break from the workforce and who have issues or concerns about the benefits in returning to

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